



Anything else is a compr

MIELE RACING LEAGUE

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A. MIELE RACING LEAGUE

The Miele Racing League is for racers between the ages of 15-19 who prefer a team atmosphere. This league includes competition in giant slalom and slalom. There are Tier I and Tier II semi-finals and finals.

B. ELIGIBILITY

1. Any member club of the Alpine Ontario South Division Ski Association (AOSD) shall be eligible to organize one or more teams within the southern Ontario ski league.
2. Each racer from each team entered into league racing competition must pay the competitor fees to Alpine Ontario on or before January 1, 2009.

C. TEAM MEMBERSHIP

1. A team will consist of no more than thirteen (13) members for competition. Clubs who wish to carry additional racers on a team (max 14) must contact the AOSD Race Manager prior to the start of the race season. All team members approved by the AOSD Race Manager will be allowed to score. The AOSD Race Manager will send a list of the Teams allowed to carry extra racers to each Clubs race administrator.
2. The age category is 15 -19 years old. No person who has reached their twentieth (20) birthday by December 31st, 2008 shall be eligible for membership on any team entered in the Miele Racing League
3. All team members shall be members in good standing of their sponsoring ski club and Alpine Ontario South Division.
4. a) The Miele Racing League Allstar racers will be allowed

to participate in Swiss Chalet J Individual series races provided it does not conflict with their scheduled league race. To ensure such entries shall be at the discretion of the head coach provided that the skier is capable of skiing safely and competitively in the race. Clubs may request entry in J series races (provided no conflict with scheduled league races) for their deserving racers to the AOSD Race Manager for eligibility and approval. The Technical Delegate of the Swiss Chalet J Individual Series race has the ultimate authority to decide whether a skier can ski safely and competitively. Athletes will be responsible for all additional entry and registration costs.

- b) The team manager must complete the Online "TEAM DECLARATION FORM" prior to the start of the first scheduled race in a series, giving the name, gender and date of birth of ALL thirteen (13) members. You will not be able to add an athlete to your Team Declaration if they have not completed their online waiver
5. a) Each new racer in the MIELE RACING LEAGUE must complete the Alpine Canada Online waiver before she/he is allowed to race. Therefore, it is important that each manager has his or her team racers complete the online waiver before the first race of the season. During the course of the racing season, new skiers may be added to the team prior to the 3rd event. The team manager must complete the Team Declaration to cover the skier under the same conditions outlined above.
b) NO racer shall compete in the MIELE RACING LEAGUE race without having completed an Alpine Canada Online waiver **There will be no exceptions.**
6. In the event a team member suffers a major injury or prolonged illness, which will preclude that racer from

competing in all remaining races for that year, the club may replace the injured athlete with another racer who may (but need not) be a member of another team. If the replacement racer is a member of another team, the club shall be permitted to fill the spot vacated by the replacement racer, and all subsequent vacancies, in the same manner. If the club proposes such a replacement, the AOSD Race Manager must be sent a letter within 6 days of the injury or illness, informing her of the replacement. All such replacements shall be effective for the remainder of the season. **THIS ONLY APPLIES IF YOU HAVE 13 RACERS OR LESS ON YOUR TEAM.**

D. RACE ORGANIZATION

1. Alpine Ontario South Division shall be responsible for the organization of the MIELE RACING LEAGUE and shall designate a Rules Committee Chairman to supervise the administration of league racing activities.
2. A Jury must be formed prior to the race. The Jury shall consist of seven members. Each participating team shall appoint one member to the Jury (Jury Roster form). The Jury members should be a minimum Level 1 official or CSCF Entry Level coach with knowledge of race rules and procedures. **The League Technical Delegate will be the seventh Jury member, who shall act as Chairman. The Chairman shall only vote in the event of a tie.**
3. One manager (or appointed person) from each team to be present at time of scoring race.
4. A start list MUST be sent in by **email** in to the Host Club on Wednesday prior to the race. The start list will consist of the competitor's name, club, gender, age.

5. a) A league race shall be an event in which groups having four and six teams would run as two team races and groups having five teams would run as two and three team races. The Miele Racing League races will consist of two giant slalom events (or at least a minimum of one giant slalom) and two slalom events, with a maximum of 40 gates.
b) All courses should conform to the COURSE SETTING GUIDELINES listed **on the Alpine Ontario Website.**
6. a) There shall be two runs for each team member (even for first run DSQ,s and DNF's) but under unfavourable conditions the second run may be waived by common consent between team managers.
b) Both runs shall be in consecutive bib order.
7. When race timing is accomplished by manual means, there shall be two watches on each racer operated by representatives of both competing teams. Determination of what constitutes the official time shall be agreed to before the start of the race (e.g. comprise between timers, re-runs, etc.).
8. a) The club designated as "HOST CLUB" on the league racing schedule shall be responsible for the administration of the race this includes:
 - course setting
 - start lists
 - timing
 - gate judging
 - scoring of race results
 - Technical Delegate form
 - submission of the race results and record sheets

showing times, DQ'S, DNF'S, DNS and the League Technical Delegate report to Alpine Ontario office.

- b) It is entirely acceptable for the six managers involved to change the date and/or location, if it is mutually agreeable by all six teams and the Alpine Ontario South Division Race Manager is advised in writing prior to the race (excluding semi-finals and finals).
 - c) Once the league schedule is set, any team that refuses to participate in a race for no apparent reason will be disqualified from semi finals and finals.
9. Teams will be disqualified if any team changes the schedule without the knowledge and confirmation of the AOSD Race Manager. Teams will be barred from further competition for the remainder of the season.
 10. The club designated as "HOST CLUB" will provide visiting club teams with a ticket for every named athlete on the start list plus an additional 6 tickets to a maximum of 19 total. Clubs may wish to sell additional tickets for parents at the club's discretion but it is not mandatory.
 11. 10:00 a.m. is the **suggested** start time for Miele Racing League races. If the club wishes to have an earlier start they must receive a written confirmation from each participating club that they have received the notice and acknowledge and accept the earlier start. AOSD must be notified of this change as well prior to the race.

E. RACE RULES

1. The overall rules for ski racing are contained in the FIS ICR and should be used if a dispute arises that cannot be settled using the published League Rule Book.
2. Helmets are **mandatory** for all Leagues races. This rule

applies for **all league** and **AOSD sanctioned events** - from the time the course opens until it is closed. A helmet (as per FIS equipment rules) must be suitable for ski racing and provide complete head protection. The helmet hard shell and padding must cover the head (front and back) and the ears. Helmets must have a smooth top surface, spoilers and edges that stick out are not permitted. Helmet must be fitted to the racer and be fastened with a chin strap. Helmets must satisfy minimum requirements and be certified by a recognized agency (i.e. C.E. (certification for European products), A.S.T.M. (American Standards for Testing and Material), or SNELL). Helmets meant for sports such as hockey or cycling are not acceptable.

3. The Miele Racing League racers will be allowed to wear a form fitting suit i.e. DH, GS, SL suit. A "stealth" top is classified as part of a formfitting suit.
4. a) Racers will inspect the Course by slowly skiing down or side slipping Alongside the course. Racers may not ski down the prepared course or through the gates or practicing turns parallel with those required by gates.
b) All racers must have their bibs visible at all times before and during the race.
5. A racer who has fallen or skied off the course shall be disqualified if she/he fails to give way to an overtaking racer at the first call from a course official, or if she/he interferes with the overtaking racer's run. Subject to the forgoing, a racer who has fallen or skis off the course shall be allowed fifteen (15) seconds to return to the course for the completion of her/his run. Example: Racer Bib #1 falls in course and fails to give way to overtaking racer Bib #2. Racer Bib #2 must ski out of course at point of interference and request a re-run. (No re-runs will be awarded to racer if

he/she crosses finish line.)

6. a) A gate has been passed correctly when both the competitor's ski tips and both feet have passed across the gate line. If a competitor loses a ski, without committing a fault, e.g. not by straddling a pole, then the tip of the remaining ski and both feet must have passed the gate line. This rule is also valid when a competitor has to climb back up to a gate. (F.I.S. rule 661.4.1)
 - b) Each racer must cross the finish line on both skis or on one ski or with both feet in case of a fall in the immediate finish area. In this case the time is taken when any part of the competitor's body or equipment stops the timekeeping system. (F.I.S. rule 615.3)
 - c) If a racer fails to cover the course on skis or to pass the finish in accordance with F.I.S. rule 615.3 the racer will be disqualified.
7. a) A racer may request a re-run if he/she feels that there was interference in the course. The racer must ski off the course at the point of interference and report to an official and immediately make a re-run request.
 - b) Re-runs may be requested only by the racer or by his/her coach or manager. No other person (parents may not intervene) can request a re-run for interference in the course.
 - c) Any re-runs are granted on a provisional basis and are subject to the Jury.
8. A racer is disqualified if he/she accepts outside help in any form during the race. I.e. if a racer loses his/her ski during the race and the gate judge or spectator hands the racer's ski to him/her and the racer accepts he/she will be disqualified.

F. SCORING

1. The combined times of each team member shall be used in the Miele Racing League in determining points. The team scoring the highest aggregate points shall be the winner of any race.
2. Points shall be awarded separately to the best of each sex, to count no more than seven (7) for each team provided that not more than four (4) of one sex are counted.
3. Each sex will be scored separately as follows:

MIELE RACING LEAGUE SCORING FORMAT					
PLACE	SCORE	PLACE	SCORE	PLACE	SCORE
1st	50	5th	32	9th	24
2nd	45	6th	30	10th	22
3rd	40	7th	28	11th	20
4th	36	8th	26	12th	19

4. If a racer is disqualified for any reason, no points shall be awarded for his/her performance.
5. In case of a tie for any position, equal points shall be awarded each competitor for that position and then skip the next assigned point (see example).
6. In the event that one team has completed their score placement, the other team will score the following consecutive points (see example).

Example 1

Place		COMBINED					
M	F	Name	Club	Time	Points	OSL	MH
1		Rob Bosshard	ALP	58.97	50	50	
	1	Hayley Falker	ALP	56.82	50	50	
2		Eli Gladstone	ALP	59.30	45	45	
	2	Jacqueline Loeb	ALP	58.43	45	45	
3		Joel Meier	ALP	57.74	40	40	
	3T	Kelsey Carlsen	ALP	60.03	40	40	
4		Michael Grundman	ALP	59.32	36	36	
	4T	Christina Dolby	JW	60.03	40		40
5		Rick Church	JW	62.73	32		32
	5	Samantha Hanna	JW	63.49	32		32
6		Adam Smith	JW	62.93	30		30
	6	Sarah Colburne	JW	68.12	30		30
7		Andrew Rose	JW	64.77	28		28
	7	Julianna Sienna	JW	93.68	28		28
			Total			306	220

G. ADDITIONAL EVENTS

Miele Racing League Semi-Finals and Finals

1. All registered Miele Racing League Tier I teams will participate in Tier I Semi-Finals, with the possibility of participating in Tier I Finals. All registered Miele Racing League Tier II teams will participate in Tier II Semi-Finals, with the possibility of participating in Tier II Finals
2. Semi-Finals will be a two run slalom event (combined times). Note 'delay' gates are allowed.

3. Finals will be a two run (combined times) giant slalom event.
4. Electronic timing will be used for timekeeping at semis and final races. Host club will provide backup manual timing to prevent missed times.
5. Qualified course setters recognized by Alpine Ontario South Division will carry out Semi-Final and Final races.
6. Alpine Ontario South Division will assign a League Technical Delegate for all Miele Racing League Finals. A Jury will be formed (referee/chief of race and League Technical Delegate).

Miele Racing League All Stars

1. Miele Racing League All Stars will be a one day event consisting of a Giant Slalom and Dual Slalom race. All Stars should be those athletes who are the best in their club program, at the appropriate level.
2. a) A quota of one male/female athlete per the number of teams your club has registered in the MIELE RACNG LEAGUE (example: 2 teams - 2 girls and 2 boys may attend). Selection of athletes attending is up to the discretion of each club.
b) The teams that reached the Finals in Tier I from the previous season will receive 2 extra quota spots - one male and one female.

Miele Racing League All Star Seeding

1. Seeding for dual slalom race will be drawn from all clubs participating (1 racer per club). The remainder of teams will be drawn randomly by club. Racers will compete in each course (2 timed runs). Not an elimination race. - First seeding for All Star giant slalom race will be drawn from all clubs participating (1 racer per club). The remainder of teams will be drawn randomly. - Girls will be drawn first and

then the boys will start.

2. Prize presentation for the Dual Slalom will be fastest run red course, fastest run blue course, fastest runs combined. For the Giant Slalom event, it will be fastest run. Elimination final of the four fastest men and women.
3. Combined Title - World Cup points will be assigned for the top 30 finishers in both the girls' and the boys' race for dual slalom and giant slalom. Calculation of combined results shall be calculated by adding the World Cup points that correspond to the results of the various races (slalom & giant slalom). Athlete must compete in both dual slalom and giant slalom to qualify for combined title.

H. DISCIPLINARY ACTION/SANCTIONS

1. a) Any racer that competes in a MIELE RACNG LEAGUE race without having their parent/guardian sign an Alpine Canada waiver will automatically forfeit the race. There will be no exceptions.
- b) Disciplinary action may be taken by the team manager, chief of race and/or Rules Committee against a racer for displays of temper, insubordination and/or disrespect to race officials. If disqualified for disciplinary action no participation point will be awarded.
- c) The Jury and/or race organizer has the right and authority to take away skiing privileges of any racer. The Jury and/or race organizer can also sanction the coach.
RACERS MUST OBEY ALL HOST CLUB RULES.
- d) Once the league schedule is set, any team that refuses to participate in a race for no apparent reason will be disqualified and forfeit the race.
- e) Teams will be disqualified if any team changes the

schedule without the knowledge and confirmation of the AOSD Race Manager. Teams will be barred from further competition for the remainder of the season.

I. REPORTING

By the **Monday** after the race the host club shall email the AOSD office a complete tabulation of the results of the race, showing all disqualifications, individual times of competitors, calculations used in determining the winning team, Officials list and League Technical Delegate form. **Please do not fax**

At the end of the race the managers of each participating team should receive a copy of the race results.

J. SCHEDULES FOR RACES

1. It shall be the responsibility of the Alpine Ontario South Division office to establish a schedule of races to be held by each area group as well as the semi-final and final races.
2. It shall be the responsibility of the team managers to confirm time and place of each individual race within the schedule.
3. Start list to be emailed to host club no later than the Wednesday before the race.

K. RECORDS

In the case of the Miele Racing League it shall be the responsibility of the Alpine Ontario South Division office to keep a record of all results.

L. RACE JURY

1. Composition of Jury

A Jury must be formed prior to the race (complete Jury Roster form). The Jury shall consist of seven members. Each participating team shall appoint one member to the Jury. The Jury members should be a minimum Level 1 official or CSCF Entry Level coach with knowledge of race rules, procedures and responsibilities. The League Safety Delegate will be the seventh Jury member, who shall act as Chairman. The Chairman shall only vote in the event of a tie.

2. General Responsibilities of the Jury

The Jury monitors the adherence to the rules throughout the entire race. They have the following general responsibilities:

- Application and implementation of the rules.
- Course inspection – prior to start of training and race and during the race
- Supervision of start and finish
- Rights to: Cancel, interrupt or postpone a race; change start intervals; shorten the course
- Rules on all provisional runs and protests
- See that FIS rules and modifications are upheld
- Approve the methods of timing and calculation

3. Duties and Responsibilities of Jury Members

From a technical standpoint particularly by:

- Checking the race course
- Checking the snow conditions
- Checking the start, the finish area and the run-out from the finish
- Determining the manner of the course inspection
- Inspection of the course before the race
- Determining the number of forerunners

- Giving instructions to and obtaining information from the gate judges

From an organizational viewpoint particularly by:

- Granting a re-run
- Cancellation of the race (beforehand)
- Shortening the course, if snow or weather conditions make this appear necessary.

- Knowledge of the race rules and calculations of race results
- Receiving protests

From a disciplinary viewpoint particularly by:

- Against a racer who displays temper, insubordination and/or disrespect to race officials
- The right and authority to take away skiing privileges of any racer.

Host Club's responsibility:

- Ensure Jury is formed and roster completed
- Designate location for Jury to meet and when (i.e. immediately after each run at the finish hut)
- DSQs and protests are to be dealt with prior to scoring.

M. LEAGUE TECHNICAL DELEGATE

League Technical Delegate must have a minimum qualification of a Level II Official or a Level II CSCF and a member of a club. League Technical Delegate's responsibilities are:

- Oversee all safety aspects of the event
- Be visible on the hill before, during and after the event. Wear the Safety Delegate armband at all times.
- Be present for the entire event.
- Ensure that the course is properly inspected by the coaches

and athletes before the race commences

- Record any comments specific to safety.
- Complete and sign the League Technical Delegate report prior to the race.
- The League Technical Delegate should not have other responsibilities at the race in addition to performing the function of the League Technical Delegate.
- Leagues Technical Delegate will Chair the Jury and vote only if there is a tie.

N. COURSE SETTING GUIDELINES FOR MIELE RACING LEAGUE

Courses should be easy, open courses for training and racing. All courses should contain the following:

1. Constant rhythm with smooth rhythm changes.
2. Courses should be set on intermediate to advanced terrain, blue runs recommended but black runs can be used with proper setting.
3. A large finish area should be a must for all racing and training allowing generous room for the racers to come to a full stop.
4. Courses should provide a challenge to athletes while at the same time provide the opportunity for success.

Guidelines for Slalom Courses:

Guidelines for Giant Slalom Courses:

1. Giant Slalom gate spacing should be approximately 18-26 meters with a 6-8 meter offset, **but above all must be set**

to the terrain for rhythm and flow. The course should be a maximum of 25-30 gates in length, but can be less.

2. Flex gates and flags are to be used for GS courses, 27mm. The outside gate must be flagged and in place.

O. ALPINE RESPONSIBILITY CODE



THERE ARE ELEMENTS OF RISK THAT COMMON SENSE AND PERSONAL AWARENESS CAN HELP REDUCE. REGARDLESS OF HOW YOU DECIDE TO USE THE SLOPES, ALWAYS SHOW COURTESY TO OTHERS. PLEASE ADHERE TO THE CODE LISTED BELOW AND SHARE WITH OTHERS THE RESPONSIBILITY FOR A SAFE OUTDOOR EXPERIENCE.

1. Always stay in control. You must be able to stop, or avoid other people or objects.
2. People ahead of you have the right-of-way. It is your responsibility to avoid them.
3. Do not stop where you obstruct a trail or are not visible from above.
4. Before starting downhill or merging onto a trail, look uphill and yield to others.
5. If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.
6. Always use devices to help prevent runaway equipment.
7. Observe and obey all posted signs and warnings.
8. Keep off closed trails and closed areas.

9. You must not use lifts or terrain if your ability is impaired through the use of alcohol or drugs.
10. You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

**Know the Code – Be Safety Conscious
It is Your Responsibility**

The Code is officially endorsed by the
National Ski Areas Association.

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